

## Garden Activity Books

### Resource Sheet



The following books our staff and volunteers have found helpful for ideas on lessons and activities related to gardening and nutrition. The age ranges vary and are noted. These books are available at our office and if you are local, you are welcome to check them out.

### BACKGROUND INFORMATION

- **All Kids Are Our Kids**, Peter L. Benson, 1997. (Grades K-8).
- **Building Assets Together**, Jolene L. Roehlkepartain, 1997. (Grades 6-12).
- **The Chicago School Garden Initiative: A Collaborative Model for Developing School Gardens That Work**, Katherine Johnson and Marti Ross Bjornson and Chicago Botanic Garden, 2003. (Grades K-12).
- **Entrepreneurial Community Gardens: Growing Food, Skills, Jobs and Communities**, Gail Feenstra, Sharyl McGrew and David Campbell, 1999.
- **Go With Peace**, Kelly Guinan, 2005.
- **Healthy Farms, Healthy Kids**, Andrea Misako Azuma and Andrew Fisher with Community Food Security Coalition, 2001. (Grades K-12).
- **Kids in the Garden**, Elizabeth McCorquodale, 2010. (Grades K-6).
- **Public Markets and Community Revitalization**, Project for Public Spaces, Inc., 2004.
- **School Foods Tool Kit: A Guide to Improving School Foods and Beverages**, Center for Science in the Public Interest, 2003. (Grades K-8).
- **Smart By Nature: Schooling for Sustainability**, Michael K. Stone & Center for Ecoliteracy, 2009. (Grades K-8).
- **The Spirit Of Culture**, Maria Guajardo Lucero, Ph.D., 2000. (Grades K-12).
- **The Third Teacher**, Bruce Mau Design, 2010. (Grades K-12).

### SCHOOL-BASED GARDEN EDUCATION

- **An Ounce of Prevention**, National Science Teachers Association, 1997. (Grades 6-8).
- **Beyond the Bean Seed**, Nancy Allen Jurenka and Rosanne J. Blass, 1996. (Grades K-6).
- **Bottle Biology**, National Science Foundation, 1993. (Grades K-8).
- **Building Assets Together**, Jolene L. Roehlkepartain, 1997. (Grades 6-12).
- **Choice, Control & Change: Using Science to Make Food and Activity Decisions**, Teachers College Columbia University, 2010. (Grades 6-12).
- **City Kids Get Green**, Brooklyn Botanic Garden, 1996. (Grades K-12).
- **Collaborative OutReach Education (C.O.R.E.)**, Chicago Horticultural Society. (Grades K-6).
- **Creepy Crawlies and the Scientific Method**, Sally Kneidel, 1993. (Grades K-6).
- **Cultivating a Child's Imagination Through Gardening**, Nancy Allen Jurenka and Rosanne J. Blass, 1996. (Grades K-8).
- **Digging Deeper**, Joseph Kiefer and Martin Kemple, 1998. (Grades K-12).
- **Dig In! Hands-on Soil Investigations**, National Science Teachers Association, 2001. (Grades K-8).
- **Eco-Inquiry**, Kathleen Hogan and the Institute of Ecosystem Studies, 1994. (Grades 4-8).
- **Farm to Table and Beyond**, Teachers College Columbia University with the National Garden Association, 2008. (Grades 5-6).

- **Food is Elementary: A Hands-on Curriculum for Young Students**, *Antonia Demas, Ph.D.*, 2001. (Grades K-6).
- **The Garden Companion**, *Chez Panisse Foundation*, 2008. (Grades 6-8).
- **Garden Detectives**, *B.U.G.S. Program*, 2000. (Grades K-6).
- **Garden Mosaics**, *Cornell University*. (Grades 5-12).
- **Gardening Wizardry for Kids**, *L. Patricia Kite*, 1995. (Grades K-6).
- **The Growing Classroom**, *Roberta Jaffe and Gary Appel*, 1990. (Grades K-8).
- **Growing Food**, *Teachers College Columbia University and the National Gardening Association*, 2007. (Grades K-12).
- **Growing Home**, *Growing Home, Inc.*, 2006. (Grades 6-12).
- **Growing Ventures: Starting a School Garden Business**, *National Gardening Association*, 2003. (Grades K-12).
- **GrowLab: A Complete Guide to Gardening in the Classroom**, *National Gardening Association*, 1988. (Grades K-8).
- **GrowLab: Activities for Growing Minds**, *National Gardening Association*, 1995. (Grades K-8).
- **Guide to Kids' Gardening**, *Lynn Ocone with Eve Pranis and The National Gardening Association*, 1990. (Grades K-8).
- **Identifying Diseases of Vegetables**, *Pennsylvania State University*, 1983. (Grades K-12).
- **Math in the Garden**, *National Gardening Association*, 2006. (Grades K-6).
- **Nutrition in the Garden**, *Texas A & M University*. (Grades K-5).
- **Outdoor Science: A Practical Guide**, *Steve Rich and National Science Teachers Association*, 2010. (Grades K-8).
- **Plant and Grow!**, *Garrick Beck and Paula Hewitt*, 1993. (Grades K-6).
- **Project Season**, *Shelburne Farms*, 1995. (Grades K-6).
- **Seeds of Change: Learning from the Garden**, *Judy Mannes & Marsha Rehns*, 2001. (Grades 3-8).
- **Sowing the Seeds of Wonder: Discovering the Garden in Early Childhood Education**, *Life Lab*, 2010. (Preschool).
- **Super Manual**, *CANFIT*, 2004. (Youth Programs)
- **Teaching Kids to Love the Earth**, *Marina Lachecki, Joseph Passineau, Ann Linea, Paul Treuer*, 1991. (Grades K-6).
- **Teaching Organic Farming and Gardening**, *University of California Santa Cruz*, 2003.
- **Teaching Peace Through Gardening**, *Anne Petersen of Seattle Tilth Children's Garden*, 1996. (Grades K-8).
- **The Worm Café**, *Binet Payne*, 1999. (Grades K-12).
- **Unearthing Garden Mysteries: Experiments for Kids**, *Ellen Talmage*, 2000. (Grades K-6).

### **GARDEN ACTIVITIES**

- **Garden Fun! Indoors & Out; In Pots and Small Spots**, *Vicky Congdon*, 2002. (Grades K-6).
- **In the Three Sisters Garden**, *JoAnne Dennee and Common Roots*, 2001. (Grades K-8).
- **Jumbo Book of Gardening**, *Karyn Morris and The Kids Can Press*, 2000. (Grades 4-6).
- **Junior Master Gardener Handbook**, *4-H Development Program*, 1999. (Grades 3-5).
- **Junior Master Gardener Teacher/Leader Guide**, *4-H Development Program*, 1999. (Grades 3-5).

- **Kids Garden: 40 Indoor and Outdoor Activities and Games**, *Whitney Cohen and Life Lab Science Program*. (Grades K-6).
- **Kids in the Garden**, *Elizabeth McCorquodale*, 2010. (Grades K-6).
- **Roots, Shoots, Buckets & Boots**, *Sharon Lovejoy*, 1999. (Grades 3-6).
- **Sunflower Houses**, *Sharon Lovejoy*, 1991. (Grades K-8).
- **Windowsill Whimsy: Gardening and Horticultural Therapy Projects for Small Spaces**, *Hank Bruce and Tomi Jill Folk*, 2008. (Grades K-12).

### COMPOSTING

- **Compost Happens**, *Mike Peters*, 2000. (Grades K-12).
- **The Worm Café**, *Binet Payne*, 1999. (Grades K-12).
- **Wormology**, *Michael Elsohn Ross*, 1996. (Grades K-6).

### NUTRITION

- **Botany on Your Plate: Investigating the Plants We Eat**, *The National Gardening Association*, 2008. (Grades K-4).
- **Choice, Control & Change: Using Science to Make Food and Activity Decisions**, *Teachers College Columbia University*, 2010. (Grades 6-12).
- **Cooking With Kids**, *Lynn Walters and Jane Stacey*, 2006. (Grades 4-6). English and Spanish available.
- **Cutting Thru the Nutritional Jungle**, *Cathy Schmelter, R.D.*, 2006. (Grades K-8).
- **French Fries and the Food System**, *Sara Coblyn on behalf of The Food Project Community*. (Grades 9-12).
- **Gardening for High-Level Nutrition**, *Denver Urban Gardens*, 2001. (Youth Programs).
- **Healthy Foods from Healthy Soils**, *Elizabeth Patten and Kathy Lyons*, 2003. (Grades K-12).
- **How to Teach Nutrition to Kids**, *Connie Liakos Evers, MS, RD.*, 1998. (Grades K-6).
- **Integrated Nutrition and Physical Activity Program**, *University of Colorado Health Sciences Center*, 2001. (Grades K-5).
- **Nourishing Choices: Implementing Food Education in Classrooms, Cafeterias, and Schoolyards**, *National Gardening Association*, 2008. (Grades K-12).
- **Nutrition Fun with Brocc and Roll**, *Connie Liakos Evers, MS, RD.*, 2007. (Grades K-6).
- **Nutrition in the Garden**, *Texas A & M University*. (Grades K-5).

### SPANISH

- **Cooking With Kids**, *Lynn Walters and Jane Stacey*, 2006. (Grades 4-6). English and Spanish available.

### DVDs

- **Edens: Lost and Found, Philadelphia, “The Holy Experiment”**, *PBS with David Morse*, 2006. (Grades K-6).
- **Edens: Lost and Found, Seattle, “The Future is Now”**, *PBS with Gary Locke*, 2007. (Grades K-6).

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