The following books our staff and volunteers have found helpful for ideas on lessons and activities related to gardening and nutrition. The age ranges vary and are noted. These books are available at our office and if you are local, you are welcome to check them out.

**BACKGROUND INFORMATION**
- **All Kids Are Our Kids**, Peter L. Benson, 1997. (Grades K-8).
- **Kids in the Garden**, Elizabeth McCorquodale, 2010. (Grades K-6).

**SCHOOL-BASED GARDEN EDUCATION**
- **Beyond the Bean Seed**, Nancy Allen Jurenka and Rosanne J. Blass, 1996. (Grades K-6).
- **Bottle Biology**, National Science Foundation, 1993. (Grades K-8).
- **City Kids Get Green**, Brooklyn Botanic Garden, 1996. (Grades K-12).
- **Collaborative OutReach Education (C.O.R.E.)**, Chicago Horticultural Society. (Grades K-6).
- **Creepy Crawlies and the Scientific Method**, Sally Kneidel, 1993. (Grades K-6).
- **Eco-Inquiry**, Kathleen Hogan and the Institute of Ecosystem Studies, 1994. (Grades 4-8).
- **Farm to Table and Beyond**, Teachers College Columbia University with the National Garden Association, 2008. (Grades 5-6).
• **Food is Elementary: A Hands-on Curriculum for Young Students**, Antonia Demas, Ph.D., 2001. (Grades K-6).
• **The Garden Companion**, Chez Panisse Foundation, 2008. (Grades 6-8).
• **Garden Mosaics**, Cornell University. (Grades 5-12).
• **Growing Food**, Teachers College Columbia University and the National Gardening Association, 2007. (Grades K-12).
• **Growing Home**, Growing Home, Inc., 2006. (Grades 6-12).
• **Identifying Diseases of Vegetables**, Pennsylvania State University, 1983. (Grades K-12).
• **Math in the Garden**, National Gardening Association, 2006. (Grades K-6).
• **Nutrition in the Garden**, Texas A & M University. (Grades K-5).
• **Plant and Grow!**, Garrick Beck and Paula Hewitt, 1993. (Grades K-6).
• **Project Season**, Shelburne Farms, 1995. (Grades K-6).
• **Sowing the Seeds of Wonder: Discovering the Garden in Early Childhood Education**, Life Lab, 2010. (Preschool).
• **Super Manual**, CANFIT, 2004. (Youth Programs)
• **Teaching Organic Farming and Gardening**, University of California Santa Cruz, 2003.
• **Teaching Peace Through Gardening**, Anne Petersen of Seattle Tilth Children’s Garden, 1996. (Grades K-8).

**Garden Activities**

• **Garden Fun! Indoors & Out; In Pots and Small Spots**, Vicky Congdon, 2002. (Grades K-6).
• **In the Three Sisters Garden**, JoAnne Dennee and Common Roots, 2001. (Grades K-8).
• **Junior Master Gardener Teacher/Leader Guide**, 4-H Development Program, 1999. (Grades 3-5).
• **Kids Garden: 40 Indoor and Outdoor Activities and Games**, Whitney Cohen and Life Lab Science Program. (Grades K-6).
• **Kids in the Garden**, Elizabeth McCorquodale, 2010. (Grades K-6).
• **Roots, Shoots, Buckets & Boots**, Sharon Lovejoy, 1999. (Grades 3-6).
• **Window sill Whimsy: Gardening and Horticultural Therapy Projects for Small Spaces**, Hank Bruce and Tomi Jill Folk, 2008. (Grades K-12).

**Composting**
• **Compost Happens**, Mike Peters, 2000. (Grades K-12).
• **Wormology**, Michael Elsohn Ross, 1996. (Grades K-6).

**Nutrition**
• **Botany on Your Plate: Investigating the Plants We Eat**, The National Gardening Association, 2008. (Grades K-4).
• **Choice, Control & Change: Using Science to Make Food and Activity Decisions**, Teachers College Columbia University, 2010. (Grades 6-12).
• **Cooking With Kids**, Lynn Walters and Jane Stacey, 2006. (Grades 4-6). English and Spanish available.
• **Cutting Thru the Nutritional Jungle**, Cathy Schmelter, R.D., 2006. (Grades K-8).
• **French Fries and the Food System**, Sara Coblyn on behalf of The Food Project Community. (Grades 9-12).
• **Healthy Foods from Healthy Soils**, Elizabeth Patten and Kathy Lyons, 2003. (Grades K-12).
• **How to Teach Nutrition to Kids**, Connie Liakos Evers, MS, RD., 1998. (Grades K-6).
• **Integrated Nutrition and Physical Activity Program**, University of Colorado Health Sciences Center, 2001. (Grades K-5).
• **Nutrition Fun with Brocc and Roll**, Connie Liakos Evers, MS, RD., 2007. (Grades K-6).
• **Nutrition in the Garden**, Texas A & M University. (Grades K-5).

**Spanish**
• **Cooking With Kids**, Lynn Walters and Jane Stacey, 2006. (Grades 4-6). English and Spanish available.

**DVDs**