

Hide and Peek



Goals

Students will explore their senses and become intimately acquainted with the garden.

Objectives

Students will explore the garden blindfolded and record in their journals the experience of their senses.

Materials

- Blindfolds
- Space for exploring
- Poster board/butcher paper
- Markers
- Journals

Time: 20-25 minutes

Introduction (5 – 10 min)

Have a large piece of butcher paper or poster board with the words “COMMUNITY GARDEN” written in the center. Give 3-4 students markers and let them write a word, phrase, sentence or picture on the board to describe a community garden. When finished, each student passes a marker onto another student. This process is repeated until every student has had a chance to write on the paper. Students should be encouraged to move quickly through this activity. Once all students have participated, a short discussion can follow, and/or the poster can be displayed in a common area.

Activity Steps (10 – 15 min)

1. Gather the students into a circle and ask them what senses they use the most in the garden (sight, smell, touch, hearing and taste).
2. Explain that today you are going to explore different parts of the garden without using their eyes. That way they will be able to discover new things that they may have never noticed. Tell them that each person will have a partner to gently guide them through the garden. The partner will lead the blindfolded student to different sites of interest and instruct them to feel, smell, listen and taste the garden objects. Remind the students to be respectful of each other by walking slowly and warning their partner of obstacles to avoid.
3. At each site visit, the student will ask their blindfolded partner to guess what they are feeling. After exploring several sites, have them remove the blindfold to see what they were actually experiencing.
4. Have the students take turns being blindfolded.
5. Bring the group back together and record in their journals their findings according to their senses. A chart format may work best for this.

Conclusion (5 min)

Have students journal to the following prompt: *My favorite sense to use in the garden is _____ because _____.*

Notes

