2022 IMPACT REPORT



Denver Urban Gardens started as a grassroots movement in the late 1970s when gardeners in Denver's Northside neighborhood came together to create a space for a group of local Hmong women to grow their own food. Working collaboratively, they transformed a vacant parking lot into what is now the Pecos Community Garden, and over the following years, more community gardens began to spring up as the group helped other neighbors do the same.

DUG was formally incorporated as a 501(c)(3) non-profit organization in 1985. Since then, our network of community gardens has expanded across six metro Denver counties comprising more than 193 gardens and six food forests.



Our Vision

We're working towards a sustainable urban future where people are deeply and directly connected to the earth, each other, and the food they eat

Our Mission

We provide access, skills, and resources for people to grow healthy food in community and regenerate urban green spaces

Our Values

- Earn TRUST
- Demonstrate INTEGRITY
- Embrace EQUITY
- Build COMMUNITY
- Inspire CURIOSITY

Reflecting on 2022 - the year DUG found our new groove.

As we started 2022, our priority as a team was to take clear-headed stock of where we've been, acknowledge all the changes over the last two years, and start to chart the course of what we want to accomplish in Denver Urban Gardens' next chapter.

Our commitment to equity across the organization shifted from a focus point to a foundational one. We are committed to hearing all voices, accepting challenges, and establishing an equal playing field as part of our operating system. This shift impacted hiring, culture, processes, and our work in the field through the BII (Baseline Infrastructure Initiative). We were also thrilled to be invited to join the Belonging Innovation Lab at the American Immigration Council, a fellowship supporting our work to examine and improve our system-wide culture through a more inclusive lens. There will always be more work to do here.

Our commitment to going deeper vs broader manifested in the establishment of the Etkin Family Food Forest Initiative, our elementary teacher cohorts, and a revamped Grow a Garden program. We made strategic decisions around our existing programs and identified ways to have greater impact within the established constructs, benefiting more people, more deeply, without overextending the organization.

And finally, 2022 was the year that we started shouting from the rooftops about how much more community gardens and food forests 'do' for a city beyond producing healthy food (which in and of itself is transformational and worth celebrating). They inspire and facilitate community connection and positive climate action, offering something healing and empowering to neighbors across metro Denver, whether or not they are DUG gardeners. We believe that community gardens and food forests should shift from "nice to have" to "must have" infrastructure for thriving cities. To that end, we have been hard at work strengthening the foundations of our own organization and seeking ways to support other community garden organizations across the US to help them realize their full potential and impact.

Raise a shovel to the "Growing Movement."

Jinda Appel Jipsius

Linda Appel Lipsius
Chief Executive Officer











DUG GARDENS at a Glance: 2022

DUG community gardens are open to the public and managed by more than 350 volunteer Garden Leaders. The diversity of our gardens is reflected in their sizes, organizational structures, community cultures, and internal community policies.

DUG gardens are comprised of several separate garden plots that are each cared for by individuals or families. Shared spaces like pathways, perennial herb and flower beds, sheds, and gathering spaces are cared for by all community members.

Many gardens also have spaces dedicated to growing extra produce for community redistribution in partnership with local food banks, community organizations, and mutual aid groups.

In 2022, we added new gardens at **South Lakewood Elementary** and **Parker Apartments**, building **44 new plots** and space for **176 new gardeners**.



33

Acres under DUG stewardship

193

Gardens

4,533

Garden plots

18,004

People directly benefitting from DUG gardens

627,926

Estimated pounds of food grown

Volunteers planting trees, and perennial bushes at the Samuels Elementary Food Forest + Community Garden Denver, CO



DUG's FOOD FOREST Initiative Took Root

The Etkin Family Food Forest Initiative was launched in spring 2022 with the goal of planting accessible food forests in small, underutilized areas in public spaces and community gardens.

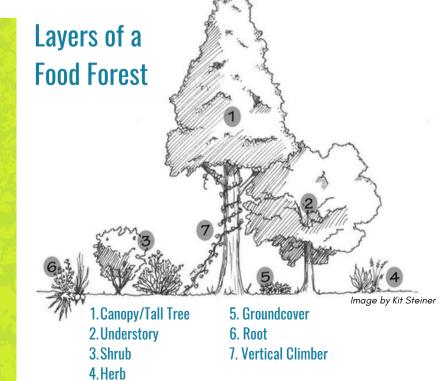
DUG food forests are shade-producing oases planted with water-conscious dryland techniques. They are built to thrive in a changing climate and feed the community at the same time. Each food forest has at least two volunteer Tree Keepers who steward the site to ensure it survives and thrives over the years.

113

116

berry bushes

120 companion plants





Did you know our Grow a Garden participants reported:

78 %

experiencing some degree of **financial insecurity** (up from 47% of participants in 2021)

72 %

increasing their consumption of **fruits and** vegetables, level of **physical activity**, and overall wellness because of gardening

67 %

being more able to provide food for their families



Improved Efficiency & Streamlined Our FOOD ACCESS Program

For the first time, we offered our signature food access program **Grow a Garden** as a 'kit'--prepackaging seeds and seedlings we knew would grow and eat well together.

By offering participants a choice of five Garden Kits instead of filling custom orders, we were able to meet community demand at a larger scale while keeping the program a paywhat-you-can model.

This production change created more space for our food access team to develop and share educational resources as touchpoints throughout the season.

1,500 Grow a Garden Kits distributed52,458 Meals Produced

with funding support from



"I've used this program as a teaching tool for my family and it's been a great resource for food.

It's greatly appreciated and is so needed. It's helped our family with groceries and the ability to source our food naturally. This program personally allows me to put fresh veggies on the table."

-2022 Grow a Garden Participant



Members of the 2022 Master Composter class pose with their end-of-program certificates

We Continued Spreading COMPOST EDUCATION

Our train-the-trainer **Master Composter** program is run in partnership with Denver's Office of Climate Action, Sustainability & Resiliency. Participants become trained in compost methods as well as grassroots facilitation techniques to teach composting and vermicomposting to community groups.

DUG also offers free classes in composting several times a month throughout spring, summer, and fall. Each compost class is a two-hour, hands-on workshop in the fundamentals of backyard composting and vermicomposting techniques for local residents.

with funding support from



22

Master Composters

trained in backyard composting, vermicomposting, and integrated solid waste management

1,100

hours of volunteer-led community education

delivered by Master Composters 24

Learn To Compost workshops offered throughout

the city

1,998

community members
received free compost
and vermicomposting
education

SKILL-BUILDING Workshops Were Back

After two+ years of mostly virtual programming, we were ready to get our hands in the soil in person with our community members again.

Our most exciting changes for 2022 included transitioning our **Urban Roots Garden Education** (**URGE**) adult education programming to a pay-what-you-can model for greater accessibility and creating a menu of class offerings to bring skill-building workshops to community groups and local companies.

479 27 participants workshops

Our classes focus on organic gardening basics, including garden planning, pest and disease management, harvest preparation techniques, extending the growing season, and more.



YOUTH EDUCATION Programming Engaged Learners across Age Groups

We know that the earliest children are exposed to gardening, the more likely they are to develop healthy eating habits and to garden as adults. We're growing the next generation of gardeners by teaching sustainability and nutrition skills through our developmentally-appropriate curriculum.



Teachers received year-long support from DUG with resources, training, and garden education

- 2 cohorts supported 21 teachers at 9 schools
- 440 kids ages 3-5 received classroom lessons on vermicomposting, seeds, garlic planting, and soil health



Monthly webinar series of activities, ideas, and resources geared toward young children for parents and educators

- 8 live webinars reposted on YouTube
- 278 attendees

with funding support from



Total 2022 Participants: 3,449



Strive Prep High School classes and gardens

- Students partook in cooking, garden education, and food justice classes
- 180 participants in spring semester and 191 students in fall semester





Gardens Brought Us TOGETHER

DUG gardens are places of gathering and nourishment.

From ribbon-cutting ceremonies for new gardens to anniversary parties, DUG gardens provided spaces for connection and participation. We held 20 free garden-based events, including community composting trainings, organic gardening labs, and social gatherings throughout the year.

Our volunteer network is the foundation for the community building that happens across the DUG network.

360

Garden Leaders
supported gardeners throughout the
season

950

Volunteers
helped out at workdays
and community events

2,500

Hourswere given in service
to DUG







Our GREEN WORKFORCE Grew (And So Did Our Capacity)

In its second year, **DUG Corps** became a partnership program with Colorado State University and AmeriCorps, supporting seven, half-year-long positions.

With the support of DUG Corps, last year year we:

- Conducted site visits at all public DUG community gardens
- Held 69 volunteer workdays
- Led 20 garden-based Micro-Network events around the city, providing hands-on learning in organic gardening and composting while strengthening community
- Improved accessibility at gardens with new ADA raised beds
- Installed new plot borders, irrigation, and water tanks at under-resourced gardens through the Baseline Infrastructure Initiative (BII)

At the end of the season, we hired two DUG Corps members as full-time members of the DUG team.











We Continued to Prioritize Community FEEDBACK

In the summer of 2020, we held our first Listening Tour to hear from stakeholders on what they wanted and needed from DUG, implementing several program changes based on that feedback.

In the summer of 2021, we focused on connecting with folks we didn't hear from in the initial sessions due to language, transportation, and technology barriers.

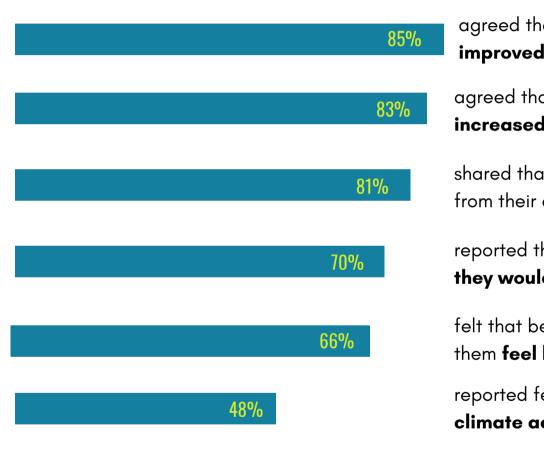
- We held listening sessions at 6 DUG gardens where English is not the primary language, with 81 adult participants and 10 children sharing their thoughts with us through interpretation.
- One-on-one **spot interviews** were conducted by DUG
 Corp members in gardens across the city, with 62
 gardeners providing on-the-ground feedback about their needs and experiences.

We also launched our **Change Committee**, an inclusivity-focused group for people with marginalized identities to voice in their own words what they want and need from DUG. This work led to updating **DUG's Community Agreements** for clearer expectations across DUG gardens.



What We HEARD

Through our 2022 Listening Tour and End-of-year survey, we learned that DUG gardeners:



agreed that being involved in a DUG community garden improved their gardening skills and knowledge

agreed that being a part of a community garden increased their access to fresh, healthy food

shared that they **donated or shared food they harvested** from their community garden with others

reported that without their DUG community garden plot, they would not have grown their own food last year

felt that being a part of a DUG community garden helped them feel less lonely and improved their mental health reported feeling more empowered and knowledgeable about climate action and the environment by being in a DUG garden





2022 Garden Adopters

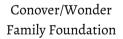
In 2022, DUG launched the **Garden/Food Forest Adoption Program**, designed to directly connect local businesses with the DUG community.

Adoptions are a three-year commitment that helps DUG ensure consistency of resources from season to season. A portion of yearly adoption fees goes directly to the garden with the balance supporting DUG's **Baseline Infrastructure Initiative (BII)**, which further ensures equity across the entire DUG network.





































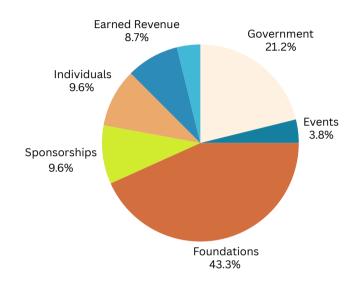




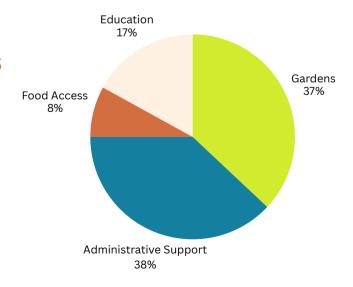
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more info.

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